

MARYSVILLE BOYS' SWIM & DIVE '19 & '20

Varsity Points	Lake Shore	Titan Relays	PH/PHN	Anchor Bay St. Clair	Cousino	Lakeview	ForSports Utica	Stevenson	Lph/Claw	MISCA	Marine City	MAC Blue Div	State Finals	Total
Dahnke, Christian			9											9
Decator, John			15											15
DenUyl, Bryson			12											12
Giles, Anthony AJ			7											7
Gwisdala, Calvin			1											1
Jakubiak, Alex			3.5											3.5
Jones, Brendan			2											2
Jones, Caden			6											6
Mayo, Christopher			3											3
Oles, Wyatt			1											1
Pitzo, Michael			2											2
Richards, Brenden			0.5											0.5
Richmond, Jake			8											8
Roosa, Noah			11											11
Roy, Steven			1											1
Sibilla, Griffin			1											1
Storey, Jordan			7											7
Tenyser, Connor			0.5											0.5
Vargo, Daniel			2.5											2.5
Warn, Ethan			4											4
Marysville			92											
Opponent			84											

Hmm. A little chaotic, a little nerves, a little eye opener, and a little too close for comfort. I feel like we experienced all of that in one meet. We had a taste of what lies ahead this season. Be diligent about your preparation, be deliberate in your ability to compete, be a part of something bigger than yourself. The good news is that all of the kinks can be worked out...but only if you are willing

Food for Thought:

Act if it were impossible to fail.

Dorothea Brande

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Dahnke, Christian			9	13										22
Decator, John			15	13										28
DenUyl, Bryson			12	11										23
Giles, Anthony AJ			7	1										8
Gwisdala, Calvin			1	0										1
Jakubiak, Alex			3.5	0.5										4
Jones, Brendan			2	2										4
Jones, Caden			6	5										11
Mayo, Christopher			3	1.5										4.5
Oles, Wyatt			1	2										3
Pitzo, Michael			2	0										2
Richards, Brenden			0.5	0										0.5
Richmond, Jake			8	9										17
Roosa, Noah			11	10										21
Roy, Steven			1	1										2
Sibilla, Griffin			1	0										1
Storey, Jordan			7	7										14
Tenyer, Connor			0.5	0.5										1
Vargo, Daniel			2.5	0										2.5
Warn, Ethan			4	2.5										6.5
Marysville			92	79										
Opponent			84	103										

Experience made its way to the top today. I believe that we fought a pretty good fight. Like I said in the locker room, it is like we were hit in the mouth before reacting to the chance to compete. We need to figure out real quick how to be in race mode. I am still seeing the "little things" falling short for the bigger things. We are not built for single performances, we all need to be contributing to make things happen. We need to develop our depth to surround our opponents. That is what is what I am looking for when collecting the "pay check".

Food for Thought:

Put your heart, mind, intellect, and soul even to your smallest acts. This is the secret

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Dahnke, Christian			9	13	16									38
Decator, John			15	13	16									44
DenUyl, Bryson			12	11	12									35
Giles, Anthony AJ			7	1	5									13
Gwisdala, Calvin			1	0	2.5									3.5
Jakubiak, Alex			3.5	0.5	4.5									8.5
Jones, Brendan			2	2	1									5
Jones, Caden			6	5	11									21.5
Mayo, Christopher			3	1.5	0									4.5
Oles, Wyatt			1	2	3									6
Pitzo, Michael			2	0	0.5									2.5
Richards, Brenden			0.5	0	0									0.5
Richmond, Jake			8	9	14									31
Roosa, Noah			11	10	16									37
Roy, Steven			1	1	4									6
Sibilla, Griffin			1	0	3									4
Storey, Jordan			7	7	11									25
Tenyer, Connor			0.5	0.5	0.5									1.5
Warn, Ethan			4	2.5	3.5									10
Marysville			92	79	123									
Opponent			84	103	48									

Nice win...but it did not shock me. I need you to make sure that you understand that you have two opponents...one that you line up against and the other is on the wall...ticking away until you stop it. Don't forget about the clock. It is about time. Make sure that you are doing the small things well that the big things happen. Your goal needs to be about the commitment to preparation so that meet day is payday. Dare to be great. Be determined about the process.

Food for Thought:

When you have decided what you believe, what you feel must be done, have the courage to stand alone and be counted.

Eleanor Roosevelt

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Varsity Points	Titan Relays	PH/PHN	Lake Shore St. Clair	Anchor Shore	Cousino Bay	Lakeview	ForSports Utica	Stevenson	Lph/Claw	MISCA	Marine City	MAC Blue Div	State Finals	Total
Dahnke, Christian			9	13	16	13								51
Decator, John			15	13	16	15								59
DenUyl, Bryson			12	11	12	8								43
Giles, Anthony AJ			7	1	5	1								14
Gwisdala, Calvin			1	0	2.5	0								3.5
Jakubiak, Alex			3.5	0.5	4.5	0								8.5
Jones, Brendan			2	2	1	0								5
Jones, Caden			6	5	11	3								24.5
Mayo, Christopher			3	1.5	0	1								5.5
Oles, Wyatt			1	2	3	0								6
Pitzo, Michael			2	0	0.5	0								2.5
Richards, Brenden			0.5	0	0	0								0.5
Richmond, Jake			8	9	14	5.5								36.5
Roosa, Noah			11	10	16	8.5								45.5
Roy, Steven			1	1	4	0.5								6.5
Sibilla, Griffin			1	0	3	0								4
Storey, Jordan			7	7	11	4.5								29.5
Tenyer, Connor			0.5	0.5	0.5	0								1.5
Warn, Ethan			4	2.5	3.5	2								12
Marysville			92	79	123	62								
Opponent			84	103	48	123								

Hmm. As mentioned...we ran into a bit of a buzz saw. The last thing that I want for us is to be intimidated by the size of their team. We are shy on depth, but we are not that far off. You want to become a better swimmer/diver...swim/dive against a good team. Challenge yourself. All it takes is one positive thought.

Food for Thought:

Man cannot discover new oceans unless he has the courage to lose sight of the shore.

Anon

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Dahnke, Christian			9	13	16	13	16							67
Decator, John			15	13	16	15	16							75
DenUyl, Bryson			12	11	12	8	7							50
Giles, Anthony AJ			7	1	5	1	6							20
Gwisdala, Calvin			1	0	2.5	0	0							3.5
Jakubiak, Alex			3.5	0.5	4.5	0	4							12.5
Jones, Brendan			2	2	1	0	0							5
Jones, Caden			6	5	11	3	0							24.5
Mayo, Christopher			3	1.5	0	1	5							10.5
Oles, Wyatt			1	2	3	0	4.5							10.5
Pitzo, Michael			2	0	0.5	0	0.5							3
Richards, Brenden			0.5	0	0	0	0.5							1
Richmond, Jake			8	9	14	5.5	12							48.5
Roosa, Noah			11	10	16	8.5	10							55.5
Roy, Steven			1	1	4	0.5	5							11.5
Sibilla, Griffin			1	0	3	0	3							7
Storey, Jordan			7	7	11	4.5	12							41.5
Tenyer, Connor			0.5	0.5	0.5	0	2							3.5
Warn, Ethan			4	2.5	3.5	2	6.5							18.5
Marysville			92	79	123	62	110							
Opponent			84	103	48	123	65							

We were not at full capacity but managed to do well. We picked up a couple more cuts. I appreciate those who picked up the pieces to cover those that are sick, hurt etc. I need us to be poised for each opportunity that is presented before us. I need competitors not spectators. This is the first step towards a division championship. Commit to the process...get your rest, eat well, take care of your studies, learn and apply everything you can to your craft, be a part of something bigger than you. We can do this!!!

Food for Thought:

Don't downgrade your dream just to fit your reality, Upgrade your conviction to match your destiny.
Anon

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Dahnke, Christian			9	13	16	13	16	15								82
Decator, John			15	13	16	15	16	13								88
DenUyl, Bryson			12	11	12	8	7	7.5								57.5
Giles, Anthony AJ			7	1	5	1	6	0								20
Gwisdala, Calvin			1	0	2.5	0	0	1								4.5
Jakubiak, Alex			3.5	0.5	4.5	0	4	2								14.5
Jones, Brendan			2	2	1	0	0	0								5
Jones, Caden			6	5	11	3	0	9								33.5
Mayo, Christopher			3	1.5	0	1	5	4								14.5
Oles, Wyatt			1	2	3	0	4.5	0								10.5
Pitzo, Michael			2	0	0.5	0	0.5	1								4
Richards, Brenden			0.5	0	0	0	0.5	0								1
Richmond, Jake			8	9	14	5.5	12	9.5								58
Roosa, Noah			11	10	16	8.5	10	0								55.5
Roy, Steven			1	1	4	0.5	5	3.5								15
Sibilla, Griffin			1	0	3	0	3	0								7
Storey, Jordan			7	7	11	4.5	12	7.5								49
Tenyer, Connor			0.5	0.5	0.5	0	2	0								3.5
Warn, Ethan			4	2.5	3.5	2	6.5	0								18.5
Marysville			92	79	123	62	110	73								
Opponent			84	103	48	123	65	103								

Boy, are we going to make things interesting. In the end it was still a pretty close meet. We had some performances that stuck out and showed promise. I am not sure if you saw what I saw but it was though it was freestyle versus stroke. I shared this with you. It happened. When we commit to the team, something bigger than any of us (sounds familiar), we are going to turn some heads...Any fracture compounds itself. Over the years I notice every season presents only so many opportunities...if we are not perusing them, all we will remember are our distant relatives Shouda, Woulda, and Coulda. Believe and trust in the process of this team. Hmm.

Food for Thought:

Sometimes we are tested not to show our weaknesses but discover our strengths.
Anon

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Dahnke, Christian			9	13	16	13	16	15	16					98
Decator, John			15	13	16	15	16	13	16					104
DenUyl, Bryson			12	11	12	8	7	7.5	14					71.5
Giles, Anthony AJ			7	1	5	1	6	0	0					20
Gwisdala, Calvin			1	0	2.5	0	0	1	7					11.5
Jakubiak, Alex			3.5	0.5	4.5	0	4	2	6					20.5
Jones, Caden			6	5	11	3	0	9	8.5					42
Mayo, Christopher			3	1.5	0	1	5	4	5.5					20
Oles, Wyatt			1	2	3	0	4.5	0	2					12.5
Pitzo, Michael			2	0	0.5	0	0.5	1	4					8
Richards, Brenden			0.5	0	0	0	0.5	0	1					2
Richmond, Jake			8	9	14	5.5	12	9.5	10					68
Roosa, Noah			11	10	16	8.5	10	0	0					55.5
Roy, Steven			1	1	4	0.5	5	3.5	6					21
Sibilla, Griffin			1	0	3	0	3	0	2.5					9.5
Storey, Jordan			7	7	11	4.5	12	7.5	14					63
Tenyer, Connor			0.5	0.5	0.5	0	2	0	0.5					4
Warn, Ethan			4	2.5	3.5	2	6.5	0	4					22.5
Marysville			92	79	123	62	110	73	61					
Opponent			84	103	48	123	65	103	117					

Nice rebound. This should set us up for what lies ahead later this week. Be confident in what we are doing. It is important to capitalize on our opportunities where ever they may present themselves. It should not matter who we face...it should be about our best effort. The more we do this...the stronger we become.

Food for Thought:

Associate with those who help you believe in yourself.
Anon

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Varsity Points	Titan Relays	PH/PHN	Lake Shore St. Clair	Anchor Shore	Cousino Bay	Lakeview	ForSports Utica	Stevenson	Lph/Claw	MISCA	MAC Blue Div Marine City	State Finals	Total
Dahnke, Christian			9	13	16	13	16	15	16	36.5			135
Decator, John			15	13	16	15	16	13	16	38.5			143
DenUyl, Bryson			12	11	12	8	7	7.5	14	26			97.5
Giles, Anthony AJ			7	1	5	1	6	0	0	10			30
Gwisdala, Calvin			1	0	2.5	0	0	1	7	11			22.5
Jakubiak, Alex			3.5	0.5	4.5	0	4	2	6	13			33.5
Jones, Caden			6	5	11	3	0	9	8.5	7			49
Mayo, Christopher			3	1.5	0	1	5	4	5.5	11			31
Oles, Wyatt			1	2	3	0	4.5	0	2	0			12.5
Pitzo, Michael			2	0	0.5	0	0.5	1	4	0			8
Richards, Brenden			0.5	0	0	0	0.5	0	1	0			2
Richmond, Jake			8	9	14	5.5	12	9.5	10	34			102
Roosa, Noah			11	10	16	8.5	10	0	0	0			55.5
Roy, Steven			1	1	4	0.5	5	3.5	6	11.5			32.5
Sibilla, Griffin			1	0	3	0	3	0	2.5	0			9.5
Storey, Jordan			7	7	11	4.5	12	7.5	14	31.5			94.5
Tenyer, Connor			0.5	0.5	0.5	0	2	0	0.5	0			4
Warn, Ethan			4	2.5	3.5	2	6.5	0	4	0			22.5
Marysville			92	79	123	62	110	73	61	230			
Opponent			84	103	48	123	65	103	117				
										3rd			

Wow! If I did not know better, we are better than we give ourselves credit for. We had a chance to shine. I am very pleased with our efforts. Through all the set backs, we held our own quite well. Many of you found the edge of the envelope in owning a new PR or two...Now that we are moving into February. we need to be focusing on our mental strength. There is so much that we have not seen simply because our grey matter gets in the way. This muscle needs to be worked too.

Food for Thought:

Challenges are what make life interesting and overcoming them is what makes life meaningful. Anon

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Dahnke, Christian			9	13	16	13	16	15	16	36.5	15				150
Decator, John			15	13	16	15	16	13	16	38.5	15				158
DenUyl, Bryson			12	11	12	8	7	7.5	14	26	9				107
Giles, Anthony AJ			7	1	5	1	6	0	0	10	6				36
Gwisdala, Calvin			1	0	2.5	0	0	1	7	11	3.5				26
Jakubiak, Alex			3.5	0.5	4.5	0	4	2	6	13	9				42.5
Jones, Caden			6	5	11	3	0	9	8.5	7	0				49
Mayo, Christopher			3	1.5	0	1	5	4	5.5	11	5				36
Oles, Wyatt			1	2	3	0	4.5	0	2	0	1				13.5
Pitzo, Michael			2	0	0.5	0	0.5	1	4	0	3				11
Richards, Brenden			0.5	0	0	0	0.5	0	1	0	3.5				5.5
Richmond, Jake			8	9	14	5.5	12	9.5	10	34	9				111
Roosa, Noah			11	10	16	8.5	10	0	0	0	10				65.5
Roy, Steven			1	1	4	0.5	5	3.5	6	11.5	4.5				37
Sibilla, Griffin			1	0	3	0	3	0	2.5	0	1.5				11
Storey, Jordan			7	7	11	4.5	12	7.5	14	31.5	12				107
Tenyer, Connor			0.5	0.5	0.5	0	2	0	0.5	0	1				5
Warn, Ethan			4	2.5	3.5	2	6.5	0	4	0	0				22.5
Marysville			92	79	123	62	110	73	61	230	108				
Opponent			84	103	48	123	65	103	117		72				
										3rd					

This was a rather convincing effort tonight. We had some improvements even after coming off the county meet. I thought it was clear when observing both teams that we have sense of commitment. That makes a difference. That does not take talent...it takes a decision. Who wants to just go through the motions? You work hard at what you do...let all that hard work and technique come out on meet night. You owe yourself and your teammates that much. If you develop these traits they will carry throughout your life after high school in a very successful manner. Seniors...an unexpected new tradition was started. Hmm. I want to encourage us to keep heading in the right direction.

Food for Thought:

If you own this story, then you get to write the ending.
Brene' Brown

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Dahnke, Christian			9	13	16	13	16	15	16	36.5	15	16			166
Decator, John			15	13	16	15	16	13	16	38.5	15	16			174
DenUyl, Bryson			12	11	12	8	7	7.5	14	26	9	11			118
Giles, Anthony AJ			7	1	5	1	6	0	0	10	6	3			39
Gwisdala, Calvin			1	0	2.5	0	0	1	7	11	3.5	3			29
Jakubiak, Alex			3.5	0.5	4.5	0	4	2	6	13	9	7			49.5
Jones, Caden			6	5	11	3	0	9	8.5	7	0	10			59
Mayo, Christopher			3	1.5	0	1	5	4	5.5	11	5	0.5			36.5
Oles, Wyatt			1	2	3	0	4.5	0	2	0	1	0.5			14
Pitzo, Michael			2	0	0.5	0	0.5	1	4	0	3	1.5			12.5
Richards, Brenden			0.5	0	0	0	0.5	0	1	0	3.5	3			8.5
Richmond, Jake			8	9	14	5.5	12	9.5	10	34	9	10			121
Roosa, Noah			11	10	16	8.5	10	0	0	0	10	0			65.5
Roy, Steven			1	1	4	0.5	5	3.5	6	11.5	4.5	4.5			41.5
Sibilla, Griffin			1	0	3	0	3	0	2.5	0	1.5	1			12
Storey, Jordan			7	7	11	4.5	12	7.5	14	31.5	12	12			119
Tenyer, Connor			0.5	0.5	0.5	0	2	0	0.5	0	1	0			5
Warn, Ethan			4	2.5	3.5	2	6.5	0	4	0	0	2			24.5
Marysville			92	79	123	62	110	73	61	230	108	101			
Opponent			84	103	48	123	65	103	117		72	72			
										3rd					

Ok, we did what I thought that we could do...under the circumstances. I appreciate you not making excuses for no blocks. There is only so much that you can control. We took care of business. Distractions like this are not things that should be a hindrance. The goal is to compete...no matter what. The crazy thing is that two of you PR'd. There are still things that we need to clean up in our details, It did not change the outcome tonight but there is no room for this from this point on. Be sharp. Believe in what we are doing in the moment. It matters. Now is the time that we stick together...tighter than spandex. Let's finish this!

Food for Thought:

Of all the saddest words of the tongue or pen, the saddest are these: " It might have been".
John Greenleaf Whittier

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Dahnke, Christian			9	13	16	13	16	15	16	36.5	15	16		15		181
Decator, John			15	13	16	15	16	13	16	38.5	15	16		13		187
DenUyl, Bryson			12	11	12	8	7	7.5	14	26	9	11		0		118
Giles, Anthony AJ			7	1	5	1	6	0	0	10	6	3		2		41
Gwisdala, Calvin			1	0	2.5	0	0	1	7	11	3.5	3		5		34
Jakubiak, Alex			3.5	0.5	4.5	0	4	2	6	13	9	7		7		56.5
Jones, Caden			6	5	11	3	0	9	8.5	7	0	10		3		62
Mayo, Christopher			3	1.5	0	1	5	4	5.5	11	5	0.5		6		42.5
Oles, Wyatt			1	2	3	0	4.5	0	2	0	1	0.5		0.5		14.5
Pitzo, Michael			2	0	0.5	0	0.5	1	4	0	3	1.5		0		12.5
Richards, Brenden			0.5	0	0	0	0.5	0	1	0	3.5	3		2		10.5
Richmond, Jake			8	9	14	5.5	12	9.5	10	34	9	10		11		132
Roosa, Noah			11	10	16	8.5	10	0	0	0	10	0		11		76.5
Roy, Steven			1	1	4	0.5	5	3.5	6	11.5	4.5	4.5		0		41.5
Sibilla, Griffin			1	0	3	0	3	0	2.5	0	1.5	1		0.5		12.5
Storey, Jordan			7	7	11	4.5	12	7.5	14	31.5	12	12		7		126
Tenyer, Connor			0.5	0.5	0.5	0	2	0	0.5	0	1	0		2.5		7.5
Warn, Ethan			4	2.5	3.5	2	6.5	0	4	0	0	2		7		31.5
Marysville			92	79	123	62	110	73	61	230	108	101		93		
Opponent			84	103	48	123	65	103	117		72	72		92		
										3rd						

Boom! That just happened! I love the energy and effort that was on full display tonight. It felt like we set the tone for the meet right from the first event. Nothing like a little rain on their parade. Hmm. I am sure anyone from their team thought that we were going to win. We need to bottle this momentum for next week. We are poised for greatness. Anyone interested in greatness? The opportunity is knocking...and the only ones that know is us. BELIEVE!

Food for Thought:

Human behavior flows from three main sources: desire, emotion, and knowledge.
Plato

MARYSVILLE BOYS' SWIM & DIVE '19 & '20

Varsity Points	Titan Relays	PH/PHN	Lake Shore St. Clair	Anchor Shore	Cousino Bay	Lakeview	Utica	ForSports	Stevenson	Lph/Claw	MISCA	Marine City	MAC Blue Div	State Finals	Total	
Dahnke, Christian			9	13	16	13	16	15	16	36.5	15	16		15	37	218
Decator, John			15	13	16	15	16	13	16	38.5	15	16		13	42	229
DenUyl, Bryson			12	11	12	8	7	7.5	14	26	9	11		0	19	137
Giles, Anthony AJ			7	1	5	1	6	0	0	10	6	3		2	0	41
Gwisdala, Calvin			1	0	2.5	0	0	1	7	11	3.5	3		5	7	41
Jakubiak, Alex			3.5	0.5	4.5	0	4	2	6	13	9	7		7	15	71.5
Jones, Caden			6	5	11	3	0	9	8.5	7	0	10		3	5	67
Mayo, Christopher			3	1.5	0	1	5	4	5.5	11	5	0.5		6	11	53.5
Oles, Wyatt			1	2	3	0	4.5	0	2	0	1	0.5		0.5	0	14.5
Pitzo, Michael			2	0	0.5	0	0.5	1	4	0	3	1.5		0	0	12.5
Richards, Brenden			0.5	0	0	0	0.5	0	1	0	3.5	3		2	0	10.5
Richmond, Jake			8	9	14	5.5	12	9.5	10	34	9	10		11	29	161
Roosa, Noah			11	10	16	8.5	10	0	0	0	10	0		11	30	107
Roy, Steven			1	1	4	0.5	5	3.5	6	11.5	4.5	4.5		0	1	42.5
Sibilla, Griffin			1	0	3	0	3	0	2.5	0	1.5	1		0.5	0	12.5
Storey, Jordan			7	7	11	4.5	12	7.5	14	31.5	12	12		7	24	149
Tenyer, Connor			0.5	0.5	0.5	0	2	0	0.5	0	1	0		2.5	0	7.5
Warn, Ethan			4	2.5	3.5	2	6.5	0	4	0	0	2		7	2	33.5
Marysville			92	79	123	62	110	73	61	230	108	101		93	221	
Opponent			84	103	48	123	65	103	117		72	72		92		
										3rd					2nd	

I want you to know that I was impressed with your efforts this weekend. Make no mistake, Lakeview is for real. Many of you left this meet with a personal best or two. That is awesome. There is no shame in that. I value everything that went into getting here. We learned a great deal and I respect that. Seniors, thank you. Thank you for your commitment to the program. To the rest of us, you have a glimpse of what could lie ahead for next year.

Food for Thought:

Success doesn't come from what you do occasionally, it comes from what you do consistently.
Anon